



## Food Allergens and Sensitivities Listing

Menu Item	Allergies								Food Sensitivities	
Entrees	Egg	Fish	Milk	Peanuts	Shellfish	Soybean	Tree nuts	Wheat	MSG (Monosodium Glutamate)	Gluten
Chicken Wings (original)										
Chicken Wings (boneless)								X		X
Chicken Fingers	X					X		X		X
Buffalo Shrimp					X	X		X	X	X
Menu Item	Allergies								Food Sensitivities	
Side Items	Egg	Fish	Milk	Peanuts	Shellfish	Soybean	Tree Nuts	Wheat	MSG (Monosodium Glutamate)	Gluten
Wedge Fries						X		X	X	X
Cheese Fries			X			X		X	X	X
Battered Onion Rings			X			X		X		X
Mozzarella Stix			X			X		X		X
Fried Mushrooms			X			X		X		X
Celery										
Menu Item	Allergies								Food Sensitivities	
Sandwiches	Egg	Fish	Milk	Peanuts	Shellfish	Soybean	Tree Nuts	Wheat	MSG (Monosodium Glutamate)	Gluten
1/2 lb Hamburger	X					X		X		X
1/2 lb Cheeseburger	X		X			X		X		X
Grilled Chicken	X					X		X		X
Grilled Chicken w/cheese	X		X			X		X		X
Fried Chicken	X					X		X		X
Fried Chicken w/cheese	X		X			X		X		X





Menu Item	Allergies								Food Sensitivities	
	Egg	Fish	Milk	Peanuts	Shellfish	Soybean	Tree Nuts	Wheat	MSG (Monosodium Glutamate)	Gluten
<b>Wing Zone® Sauces</b>										
Cool Ranch	X		X			X			X	
Honey Mustard	X					X				
Spicy Lemon Pepper			X			X				
1.75 oz Ranch Cup	X		X			X				
1.75 oz Bleu Cheese Cup	X		X			X				
Marinara sauce										
<b>Condiments</b>										
Sandwich Vegetable Kit										
Mayonnaise	X					X				
Ketchup										
Mustard										
Pickle										

• The allergen information contained on this site is based on standard product formulations and ingredient information provided by our suppliers. Wing Zone® attempts to provide allergen information that is complete as possible but some variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, and season of the year.

•Some menu items are not available at all Wing Zone® restaurants .

•Test products, test formulas, limited time offers and regional items have not been included in this report.

**•In most Wing Zone® restaurants, shrimp, chicken, potatoes and cheese products are prepared in the same oil.**

•Wing Zone® Franchise Corporation, its franchisees and employees do not assume responsibility for a particular sensitivity or allergy to any food provided from our stores.

Customers with allergy related questions can contact the Food Allergy and Anaphylaxis Network (FAAN) on the web at [www.foodallergy.org](http://www.foodallergy.org) or by calling by telephone 800-929-4040.